

WHAT IS USA BOXING?



USA Boxing is the National Governing Body for boxing in the United States.

The mission of USA Boxing is to enable United States' athletes and coaches to achieve sustained competitive excellence, develop character, support the sport of boxing, and promote and grow Olympic style boxing in the United States. The responsibility of USA Boxing is to produce Olympic gold, and oversee and govern every aspect of amateur boxing in the U.S.

USA Boxing is overseen by the United States Olympic Committee (USOC) and the International Boxing Association (AIBA), which sets its rules.

USA Boxing, formerly known as the United States Amateur Boxing Federation, has governed men's amateur boxing in the United States since 1888. USA Boxing officially lifted its ban on women boxers in 1993.

USA Boxing comprises 56 Local Boxing Committees (LBCs), based on geographical boundaries, including the Southeastern Association (SEBA). LBCs, along with member Clubs, boxers, coaches, officials, and ringside doctors, form the backbone of USA Boxing and Olympic-style boxing in the United States.

Boxers are classified according to age and weight class.

Weight Classes - Elite Men

- Flyweight (112 pounds, 51 kg)
- Bantamweight (119 pounds, 54 kg)
- Featherweight (125 pounds, 57 kg)
- Lightweight (132 pounds, 60 kg)
- Light welterweight (141 pounds, 64 kg)
- Welterweight (152 pounds, 69 kg)
- Middleweight (165 pounds, 75 kg)
- Light heavyweight (178 pounds, 81 kg)
- Heavyweight (201 pounds, 91 kg)
- Super heavyweight (201+ pounds, 91+ kg)

Weight Classes - Elite Women

- Light flyweight (106 pounds, 48 kg)
- Flyweight (112 pounds, 51 kg)
- Bantamweight (119 pounds, 54 kg)
- Featherweight (125 pounds, 57 kg)
- Lightweight (132 pounds, 60 kg)
- Light welterweight (141 pounds, 64 kg)
- Welterweight (152 pounds, 69 kg)
- Middleweight (165 pounds, 75 kg)
- Light heavyweight (178 pounds, 81 kg)
- Heavyweight (178+ pounds, 81+ kg)



CELEBRATE AMATEUR BOXING!

BoxingDayUSA.org

The Southeastern Association (SEBA) is proud host of *Boxing Day in America*. The SEBA supports: junior boxers, youth boxers, college boxers, elite boxers, master's boxers, referees, judges, ringside doctors, administrators... **Ask us how to get involved!**

SoutheastBoxing.org